



Synchronized Skating Fall / Winter Program starting soon!

Would you like to compete in a Figure Skating discipline at the National level? Do you like being part of a team? Then we may just have the opportunity you are looking for!

LMSSC is looking for skaters from any discipline with a minimum of their GOLD SKILLS to fill the last couple of spots on a new Competitive Open Team for the 2016/17 season. There is no age limit but skaters must be a minimum of 12 years of age to skate with this team. A try-out will be required for all interested skaters.



Synchronized skating is a rapidly growing discipline of figure skating where 8–20 skaters that skate and compete in local, national and world level competitions. Skaters form teams that move together as one flowing unit at high speeds while completing difficult footwork and field movements and transitioning into many interesting formations as they perform to exciting music and roaring crowds. Synchronized Skating uses the same judging system as singles, pairs, and ice dancing skating and is judged primarily on teamwork, precision, speed, difficulty, and performance.

We have teams for all ages...even adults! Specifically, we are accepting positions for skaters who are a minimum age of 12 (no age maximum) with their Gold Level Skills for our New Open Competitive Team however if you are interested in other levels don't hesitate to call.

If you are interested or know someone who is, please contact our Coach Danalee Harrison directly at figsk8coach1@shaw.ca.

Lower Mainland Synchronized Skating Club is dedicated solely to the discipline of synchronized skating. We strive to provide all ages, from beginners to long-time synchro enthusiasts, with a club that provides opportunities to make friends, have fun, be competitive, keep physically fit and to practice teamwork, skating skills and sportsmanship for life.



Lower Mainland Synchronized Skating Club (LMSSC) is an organization sanctioned by Skate Canada - the national body that coordinates and regulates figure skating in Canada. We are a member of the BC/YK Section of Skate Canada. For much more information about skating in general and Skate Canada and the BC/YK Section, visit their websites at www.skatecanada.ca and www.skatinginbc.com.

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